

## NEURODIVERSITY PRACTITIONERS



## Inclusive Strategies for Toileting Anxiety in Primary Education

This session will deepen delegates' understanding of how neurodivergence can influence children's toileting needs, including the impact of anxiety on self-care.

Drawing on Local Authority guidance around supporting toileting and independence in educational settings, the session equips staff with practical, neuroaffirming strategies to enable progress both in school and at home.

### Who is this training for?

This session is for any member of staff working with neurodivergent pupils aged 5-11 in mainstream primary schools.

### **Date and Time:**

Friday 26<sup>th</sup> June 2026  
9:30am - 11:30am

### **Venue:**

Guildhall, Frankwell Quay  
Shrewsbury  
SY3 8HQ

### This training will help you to:

- Know the current self-care expectations for children starting primary school.
- Understand Shropshire's guidance and policy for supporting children's self-care needs.
- Recognise how neurodivergence and anxiety can affect the development of independent toileting skills.
- Understand the importance of a consistent, collaborative approach between all adults.
- Identify barriers to toileting independence and consider reasonable adjustments to support progress.

### ***This training is £40.***

Partly subsidised for Shropshire Schools through the SEND & AP Change Programme

To secure your place, visit the CPD for SEND and Inclusion pages on Shropshire Learning Gateway, scan the QR code below or click this link: [Booking Form](#)



The training will be facilitated by the Shropshire Neurodiversity Practitioners, Helen Vincent, Hollie Jones and Rachel Tomkinson.

For more information about the Neurodiversity Practitioners, visit us [at Shropshire Learning Gateway - NDPs](#)

